

Peter R. Kongstvedt, MD, FACP
Executive Summary



Dr. Peter Kongstvedt is a highly regarded national authority on the health care industry with particular expertise in health insurance and managed health care. He is principal of the P.R. Kongstvedt Company, LLC, and advises health care executives on strategy, operations and effective decision-making. Dr. Kongstvedt is also a Senior Health Policy Faculty member in the Department of Health Administration and Policy at George Mason University. In March 2014, he was appointed by Virginia Governor McAuliffe and reappointed by Governor Northam and served two terms on Virginia's Board of Medical Assistance Services (Virginia Medicaid).

Dr. Kongstvedt's unique business expertise comes from the varied roles he has performed over his career as an independent consultant, as a partner at global consulting firms, as a senior executive at a number of health plans and insurers, and through public service. His roots as a practicing physician also give him first-hand understanding of the totality of the health care profession.

Renowned as the primary author and editor of the definitive textbooks on Health Insurance and Managed Care, Dr. Kongstvedt's books are used by more than 230 graduate and undergraduate health administration & policy programs in the U.S. as well as overseas. These books include: *The Essentials of Managed Health Care, 6th Edition* (© Jones & Bartlett; 2013) and *Health Insurance and Managed Care, What They Are and How They Work, 5th Edition* (© Jones & Bartlett; 2020).

As a health care industry thought leader and media-trained communicator, Dr. Kongstvedt has consulted to and made several appearances on *The CBS Evening News*, and has appeared on *NBC's Today Show*, *CNN*, *PBS's Nightly Business Report*, *National Public Radio's All Things Considered*, *CNBC*, *The Wall Street Journal*, *The Washington Post*, *The Los Angeles Times*, *The Economist*, *Bloomberg News*, *Forbes Health*, and numerous trade publications. He is also a well-regarded speaker at industry conferences and corporate events.

A licensed physician, a board-certified internist and a Fellow in the American College of Physicians, Dr. Kongstvedt received his BS and MD degrees at the University of Wisconsin, where he also completed his internal medicine training & residency. He resides in McLean, VA.

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